



Explore the rugged southwest Tasmanian wilderness on a once-in-a-lifetime multi-day kayaking adventure!

8-DAY 'WILDERNESS ON WATER' EXPEDITION TRIP ESSENTIALS

Bathurst Harbour and Port Davey, in Tasmania's Wilderness World Heritage Area, offer a combination of sheltered wilderness harbours, rugged ocean coastlines, remote islands and wild rivers. There are no roads and no settlements. Discover spectacular destinations in the best way possible - by water, at paddling pace.

This 8-day expedition includes 6.5 days of kayaking in Tasmania's world heritage wilderness with the first day spent exploring the historic area around Melaleuca.

Flights, quality expedition equipment, food and expert guiding required for a multi-day trip to this remote wilderness (with its changeable weather) are provided.

Meeting Point

Your trip begins at **Hobart's Cambridge Airport** 1 hour prior to your flight departure (flight times vary so check your booking or call us to confirm). We can provide Hobart city hotel and Hobart Airport pickups approximately 2 hours prior to your flight departure.

If you have your own vehicle you can park at Cambridge Airport where there is free unsecured parking.

Upon arrival at Cambridge Airport you will be supplied with:

- 2 dry bags (1 x 25 litre & 1 x 20 litre)
- Waterproof paddling jacket and waterproof paddling pants
- PFD/Life Jacket
- Sleeping bag and sleeping bag liner
- A 70-litre duffle bag

You will receive your tent and sleeping mat on arrival at Melaleuca. **All your gear, including dry bags and sleeping bag but excluding PFD and sleeping mat, must fit into the 70-litre duffle bag.**

At Cambridge airport there will be time allocated for you to repack your personal luggage into the supplied dry bags and duffle bag. Your guides will go through the gear list to ensure that you have adequate and appropriate clothing and rain jacket.

You will be able to leave your travel luggage and other personal items not needed on the trip with Roaring 40's Kayaking staff for safekeeping.

Meals and Food

All meals, snacks and drinks, including cooking equipment and eating utensils, are provided. You must advise us on booking if you have any specific dietary or health needs.

A glass of wine is provided with dinner each evening. If you would like to bring additional alcohol, please do not bring any glass and remember that everything you bring must fit into the 70-litre duffle bag.

Safety and Medications

The remote nature of this trip is part of what makes it a great adventure, but it also means that we need to be very careful that everyone is prepared for the unforeseen. If you are taking any medications please be sure to let your guide know and to include an extra supply, packed separately, just in case. It is also important that you let us know if you have any pre-existing medical conditions or injuries. Our supplies of non-prescription medications are limited so you may wish to bring your own.

All Roaring 40's Kayaking's trip leaders hold sea kayaking and wilderness first aid qualifications. We carry an extensive first aid kit, satellite phone, location beacon, marine radio, flare kits and towing equipment in case of emergencies.

Weather

The dynamic weather is one of the many attractions of this unique World Heritage Area wilderness. Daytime summer temperatures can range from 10° to 35°c and at least one day (and sometimes multiple days) of rain or drizzle is to be expected; evening temperatures regularly drop below 10°C. In this moist maritime environment, **quality wet-weather gear and thermal garments are a necessity for your safety and comfort.**

Follow our gear list and you will be comfortable and prepared to enjoy the many variations of weather we may encounter.

Delays

Our access to this wilderness area is by light aircraft. These planes cannot operate in extremes of weather or poor visibility. Whilst it is unusual, delays can occur on both the inward and return flights. **Due to this we highly recommend you do not arrange onward travel for at least 24 hours after our scheduled finish time.**

Roaring 40's Kayaking will not be responsible for any expenses incurred due to flight delays that are out of our control. We strongly recommend that you purchase travel tickets that can be rebooked and obtain travel insurance to cover any expenses associated with delays.

Secure parking near Cambridge Airport

If you are driving to Cambridge Airport, there is free unsecured parking available. Secure parking is available nearby at:

- Airport Undercover Parking – (03) 6248 5882
- Hobart Park and Fly – (03) 6231 4677
- Storage Capital Cambridge – (03) 6248 5444

Kayaking Equipment

We pride ourselves on providing participants with high-quality sea-kayaking equipment. In practical terms it means that you will have a PFD that fits, a quality spray deck, a light paddle, good-quality paddle jacket and pants, pogies (paddling mitts) and a well-maintained sea kayak. You are welcome to bring your favourite paddling accessories, such as split paddle, PFD, dry bags and paddling jackets, but please contact us regarding their suitability.

Camping Equipment

Southwest Tasmania is a demanding location for outdoor equipment, so as a part of this trip we provide you with good quality camping gear. If you prefer to use your own sleeping bag and/or mat please let us know so that we don't double up, as some equipment for this expedition is flown into southwest Tasmania the week preceding the expedition.

We provide roomy double tents for couples and one-person tents for singles. Singles will not be expected to share a tent but may be required to share a yurt at the standing camp on the last night.

Standing Camp Accommodation

We will aim to spend the last night at the Forest Lagoon standing camp, where there are five two-person platform yurts, a dining / kitchen shelter and communal amenities with flushing toilets. Each yurt has a double bed or two single beds and is high enough for you to walk around. If you are single, you may be required to share a yurt (there is a heavy curtain separating the single beds).

Camp Setup

The expedition will run more smoothly if everyone pitches in to help. Our guides will show you how to erect your tent and from then on, it's your task to pull down and erect your tent each day. Our guides will also prepare all meals, but we ask if you can take turns to help with the dishes each evening.

Leave No Trace

As tour operators in one of the world's most pristine and beautiful environments — the Tasmanian Wilderness World Heritage Area — we are deeply committed to ensuring it's values are protected for generations to come. We follow the principles of Leave No Trace to minimize our impact.

- Please keep toiletries to a minimum. Discuss the suitability of any biodegradable products you bring with your guides. We suggest leaving shampoo, soaps and hair products behind. Natural 100% tea tree oil serves as a good antiseptic soap/shampoo alternative.
- Toilet paper is supplied and the disposal of waste as per Leave No Trace principles will be outlined during your tour.
- If possible, organic/natural brands of insect repellent, sunscreen, deodorant and toothpaste are preferred. Small quantities take up less space!
- Sanitising hand gel will be provided at meal times and around camp. Having a small personal quantity is also recommended. Approximately 60ml is sufficient.

Power and phones

There is no mobile coverage and there is no power available. Please ensure all cameras are fully charged and spare batteries packed.

Biosecurity

The greatest threat to some of Tasmania's plants is an introduced plant disease called root rot (*Phytophthora cinnamomi*). Root rot is spread on the muddy boots and camping gear of visitors. Once root rot infects an area, it cannot be removed. Other threats include didymo algae, chytrid frog fungus, myrtle rust and weed seeds.

Before you pack, please CHECK, CLEAN AND DRY all clothing and equipment, paying particular attention to boots and velcro on clothing. A boot wash-down station is provided at Cambridge Airport for an additional clean of your shoes before your flight.

Itinerary

Due to the unique nature of this area and the variability of weather, we have no fixed route or schedule. Whilst we do our best to fulfil your aspirations, our first priority is your safety. The number of days paddling and the number of hours in the kayaks on each of those days is highly variable and dependent upon the group and weather conditions. Our guides are highly experienced at optimising each day's plan to make the most of prevailing conditions. On a typical day we aim to paddle for approximately 2-3 hours in the morning and 2-3 hours in the afternoon. Sometimes we may substitute in a short walk instead of paddling. Paddling speed is relaxed (i.e. a relaxed walk rather than a sprint). An example itinerary is provided on page 7.

Preparation

The best way to get ready for a kayaking expedition is, you guessed it, go kayaking. We recommend starting off with short distances and building up to a couple of hours. If you are new to kayaking, some lessons prior to the trip will be helpful as well. You can find more tips on preparing for your kayaking expedition here:

<https://roaring40skayaking.com.au/blog/preparing-for-kayaking-expeditions>

COVID-19 Policy

To ensure your health and safety we have implemented a range of COVID-Safe measures and updated cancellation policy. Read our COVID-19 Safe Policies on our website -

<https://roaring40skayaking.com.au/COVID-Policy>

Deposit and Final Payments

Deposit and payment conditions apply as follows:

- For all bookings made more than 60 days prior to the departure date, a deposit of \$400 per person is required to secure the booking. The balance is payable no less than 60 days prior to the departure date.
- Bookings made 60 days or less prior to departure are required to make full payment to secure the booking.
- Payment can be made by direct deposit, cheque or credit card (a credit card surcharge of 1% applies to payments over \$400 per person).
- Children: This kayaking expedition is not recommended for children under 18 unless they have experience kayaking (please contact us to discuss suitability). No child discount applies.

Cancellation Policy and Travel Insurance

The following cancellation policy applies:

- Bookings cancelled more than 60 days prior to departure will be charged a fee of \$400.
- Bookings cancelled between 60 to 30 days prior to departure will be charged 50% of the trip cost.
- Bookings cancelled inside 30 days prior to departure will be charged the full value of the booking. No refund will apply.

Roaring 40's Kayaking reserves the right to cancel any trip due to weather conditions, insufficient numbers or other circumstances outside of its control. In such instances, you will be given a choice of:

- Transferring payments towards another trip date; or
- Receiving a full refund; or
- If insufficient numbers, payment of an additional fee to have the trip run as scheduled.

Roaring 40's Kayaking will not be responsible for reimbursement of cost of flights, accommodation, hire car, meals or any other incidental costs which are or may be incurred in relation to the cancelled trip.

Important: Roaring 40's Kayaking strongly recommends purchasing travel insurance that covers losses due to unforeseen events that result in cancellations.



2019 Hall of Fame
Adventure Tourism



GEAR LIST

Due to weight and space limits in both the aircraft and kayaks your entire personal luggage, including sleeping bag and waterproof clothing provided by us, **must fit into the 70-litre (600mm x 400mm x 300mm) duffle bag** that you will be issued upon arrival at Cambridge Airport.

Essential Clothing

- Lightweight thermal long sleeve top for paddling
- Lightweight thermal long johns for paddling
- Medium/heavy weight thermal long sleeve top for night
- Medium/heavy weight thermal long johns or polar fleece pants for night
- Lightweight fleece for paddling
- Nylon quick drying shorts
- Synthetic quick drying long trousers
- 1 or 2 lightweight quick drying t-shirts
- Warm polar fleece or down jacket
- Quality breathable rain jacket with hood
- Waterproof over trousers (for walking and at camp)
- Footwear for paddling that can get wet (*sandals, wet suit booties, Crocs*)
- Trail walking shoes/runners or lightweight hiking boots if you prefer ankle support (*Note: tracks are muddy, rutted and overgrown*)
- Dry footwear for camp (*sneakers or Crocs*)
- Sun hat
- Sun glasses
- Woollen or polar fleece gloves
- 1 or 2 woollen or fleece beanies (1 for paddling, 1 for night)
- 1 pair of warm socks for night
- 2 pair of walking socks
- Underwear for 8 days

Essential Personal Items

- Water bottle / hydration system (*minimum 1 litre capacity*)
- Personal toiletries and medications (note there are no shower facilities and if you bring soap please ensure it is biodegradable)
- 60ml sanitising hand gel
- Pack towel: light and quick dry
- Headlamp with spare batteries
- Sunscreen and 50+ Lip Balm
- Insect repellent
- Pillowcase (for use at the standing camp)

Optional Items

- Small dry bag for cameras, sunscreen etc
- Short or long-sleeved rash vest
- Long sleeved quick drying shirt for sun protection
- Paddling gloves (Fingerless sailing or cycling gloves work well. Note: We supply paddling mitts or "pogies")
- Gaiters
- Bathing
- Camera
- Book
- Journal (& pens!)
- Small frameless daypack
- Small inflatable camping pillow
- Plastic bags for wet gear
- Extra wine or spirits (we supply a glass of wine with dinner each evening)

What we provide:

- Transport between Hobart City to Cambridge Airport
- Scenic flight from Cambridge Airport to Melaleuca to the start of your kayaking adventure
- Kayaks and all kayaking equipment including PFD, spray skirts and paddle
- 2 dry bags for your sleeping bag and clothes
- Duffle bag for transport of your gear on the flight between Hobart and Melaleuca
- Waterproof paddling jacket and pants
- Pogies (paddling mitts)
- One night's accommodation at a permanent standing camp
- Tent, sleeping bag, sleeping bag liner and sleeping mat (please notify us if you prefer to bring your own)

- All meals, drinks and snacks including a glass of wine each evening
- All cooking equipment including cups, plates and eating utensils
- Toilet paper, toilet kit, antibacterial hand gel
- Small book library with a variety of reference books including field guides
- Comprehensive first aid and emergency safety equipment
- Two professional sea kayaking guides

What's not included:

- Interstate flights to and from Hobart
- Accommodation in Hobart prior to and after the trip
- Insurance (we strongly recommend you purchase travel insurance)

GEAR NOTES

Below are notes on the gear suggested on the previous page. For further information also check out our Blog “Dressing for Kayaking in Southwest Tasmania” –

<https://www.roaring40skayaking.com.au/blog/dressing-kayaking-tasmania>

Thermals

Synthetic or wool thermals will ensure your comfort in cooler and wet weather. The synthetic or wool material wicks water away from the skin, keeping the layer closest to you warm and dry. We strongly recommend you bring two sets of thermals, one for paddling and one for camp. Garments that are any type of cotton, cotton blend or silk are not suitable (once these fabrics get wet they will become cold on your skin).

Rain gear

We supply a good-quality waterproof paddling jacket and waterproof pants for kayaking. The jacket has gaskets around the wrist to stop water from running along your arms when kayaking, but this gasket can become uncomfortable and hot when walking. The pants we provide are non-breathable, but great for stopping the wind when you get out of the kayak.

For walking and for wearing around camp, we recommend you bring your own breathable waterproof jacket.

Footwear

Be prepared to get your feet wet! You can either opt for water sandals (like Tevas/Keens), light neoprene booties or Crocs (most of our guides wear Crocs).

Our itinerary includes walking. Trail walking shoes or runners are ideal, or lightweight hiking boots if you prefer ankle support. The tracks can be muddy and rutted

It is also great to have a dry pair of shoes for around camp. Runners or crocs (fashionably worn with socks for warmth) are preferred options.

Water bottle/hydration system

You will require at least 1 litre of water carrying capacity. Each morning and at lunch you will be able to re-fill your water bottles. Each kayak will have a deck bag where you can store either your water bottle or hydration pack. Our PFDs also have the ability to zip a hydration pack into the back.

Notes on packing

All your gear will need to fit into the 70-litre duffle bag we supply you with and you will have time at Cambridge Airport to repack from your personal bags to the duffle bag. We also supply 2 dry bags for your sleeping bag and clothes. Waterproof clothing and shoes do not need to be packed into dry bags and can be placed in the duffle bag and the kayak hatch individually.

If you follow the gear list on the previous page your gear should fit nicely into the supplied bags.





8 Day 'Wilderness on Water' Expedition Example Itinerary

This itinerary is an example of a typical 8-day 'Wilderness on Water' sea kayaking expedition in Southwest Tasmania. All days are adapted to suit the weather and the desires of the individual participants to ensure a safe and satisfying experience for everyone. Note there are many other options that are not mentioned below including exploring the Spring or North Rivers and the northern section of Port Davey.

Day 1

Cambridge Airport

We arrive at Cambridge Airport one-hour before our scheduled departure (note departure times vary due to flight schedules so check your booking confirmation). This allows time to repack your personal luggage into the supplied dry bags and duffle bag.

It is a 40-50 minute flight to Melaleuca in the Southwest National Park. The flight can follow two routes depending upon cloud and visibility. If the cloud cover is low then the route is via the southeast and southern coasts of Tasmania. Otherwise the route is directly over the rugged mountains to the west of Hobart; both routes offer wild and spectacular scenery.

At Melaleuca

Melaleuca was the home of the late pioneering legend Deny King and his family for 55 years. The airstrip you will land on was originally built by Deny in the 1950s.

On arrival, we will unload our gear into wheel barrows for transport to our campsite, approximately 400m from the airstrip. After setting up camp the rest of the day will be at your leisure to explore Melaleuca, including the Deny King Museum, Needwonee Walk, historic tin mining areas, searching for the endangered Orange-bellied Parrot and immersing yourself in the Southwest wilderness.

During your evening meal the guides will discuss itinerary options for the coming week.

Day 2

Destination: Farrell Point or Balmoral Beach (Bathurst Channel) via Claytons Corner

Paddle distance: 15kms

Paddling time: 4-5 hours. Against typical 15kt-20kt head winds with stops as required along the way to rest the arms and stretch legs.



Day 3

Destination: Spain Bay, possibly around the Breaksea Islands

Paddle distance: 15-20kms depending upon route

Paddling time: 3-5 hours

Walking option: Stephens Beach, 2-3 hours

Day 4

Destination: Bramble Cove

Distance: 6-10kms

Paddling time: 2-4 hours

Day 5

Destination: Bramble Cove

Day trip options from Bramble Cove include:

- Explore Bramble Cove's Whaling History
1-2 hours return
- Climb 400m high Mt Stokes
3-4 hours return
- Climb 180m high Mt Milner
2-3 hours return
- Paddle to Wallaby Bay and return
3-4 hours return
- Paddle to Whale Head and return
4-5 hours return

Day 6

Destination: Bathurst Harbour

Distance: 20kms

Paddling time: 4-5 hours. The paddling back along Bathurst Channel is typically wind assisted which makes the distance pass quickly.

Day 7

Destination: Forest Lagoon Standing Camp via North River and/or Celery Top Islands

Paddling Distance: 10-15kms

Paddling Time: 3-5 hours

Day 8

Destination: Melaleuca for a 12.30pm flight to Hobart

Paddling distance: 8kms

Paddling time: 1-2 hours

The final day of our Southwest Tasmanian adventure typically starts with a relaxed breakfast at camp followed by an 8km paddle back up the Melaleuca Inlet to the Melaleuca. Upon arrival at Melaleuca there is time to tidy the kayaks and ready your gear for the flight back to Cambridge.

You are scheduled to depart Melaleuca at 12.30pm with arrival back in Hobart at approximately 1.30pm. The Roaring 40's Kayaking bus will be available for transport back to accommodation in Hobart.

As mentioned previously the light aircraft we travel on cannot operate in extremes of weather or poor visibility. Delays can occur and **due to this we highly recommend you do not arrange onward travel for at least 24 hours after our scheduled finish time.**

